

BLACK

BO AND SWORD NEEDED

BELT TESTING – WHITE UNIFORM ONLY

First Name: _____ Last Name: _____ Date of Birth: _____ Age: _____

Phone #: () _____ - _____ Address: _____

Circle Your Training Location: TR / FR / BR / MID / HOW / CM / Y / J / OTHER _____

Are you a Black Belt Club Member? YES _____ NO _____ Belt Size: 00 – 0 – 1 – 2 – 3 – 4 – 5 – 6 – 7 (circle one)

Special Information for the Judges _____

5 POINTS - _____

_____ White Uniform _____ Chest & Shoulder Patches
_____ Clean Uniform & Body _____ Belt tied properly

10 POINTS - _____

_____ EQUIPMENT (BO & SWORD)

20 POINTS - _____

KUMOCK

SNAP _____

POWER _____

BALANCE _____

FOCUS _____

KEIAS _____

STANCES _____

CHAMBER _____

HAND POSITION _____

SPEED _____

20 POINTS - _____

TEN ONE STEPS

SPEED _____

FOCUS _____

CONFIDENCE _____

BALANCE _____

DIFFICULTY _____

RHYTHM _____

TIMING _____

KEIAS _____

SNAP/CHAMBER _____

20 POINTS - _____

WEAPON DEFENSE

BONG 21 COUNT SWORD 1 & 2

TIMING _____

FOCUS _____

POWER _____

SPEED _____

RHYTHM _____

POSITION _____

KEIA _____

15 POINTS _____

BREAKING (HEAD)

CONCENTRATION _____ RESPECT _____

TECHNIQUE _____ KEIAS _____

FOCUS _____ POWER _____

10 POINTS - _____

KOREAN LANGUAGE

COUNT 1 TO 20 _____ THANK YOU _____

HELLO _____ GOOD BYE _____

SIT DOWN _____ STAND UP _____

BEGIN _____ STOP _____

CAREFUL _____ BE QUIET _____

PERFORMANCE SCORING

0 NEED MORE WORK ✓ GOOD X EXCELLENT

TOTAL SCORE (PASSING = 70+) _____

JUDGED BY: _____

PROMOTION EXAM FEE: \$250.00

APPLICATION MUST BE HANDED IN BY: _____ RECEIVED BY: _____