

PRE BLACK

**FULL SPARRING
GEAR
NEEDED**

BELT TESTING – WHITE UNIFORM ONLY

First Name: _____ Last Name: _____ Date of Birth: _____ Age: _____

Phone #: () _____ - _____ Address: _____

Circle Your Training Location: TR / FR / BR / MID / HOW / CM / Y / J / OTHER _____

Are you a Black Belt Club Member? YES _____ NO _____ Belt Size: 00 – 0 – 1 – 2 – 3 – 4 – 5 – 6 – 7 (circle one)

Special Information for the Judges _____

5 POINTS - _____

_____ White Uniform _____ Chest & Shoulder Patches
_____ Clean Uniform & Body _____ Belt tied properly

5 POINTS - _____

_____ EQUIPMENT (FULL SPARRING GEAR)

15 POINTS - _____

KUMOCK

CONFIDENCE _____
FOCUS _____
IMPRESSIVE _____
TIMING _____
DIFFICULTY _____
POWER _____

15 POINTS - _____

TEMPLE 4

CONFIDENCE _____
FOCUS _____
IMPRESSIVE _____
TIMING _____
DIFFICULTY _____
POWER _____

15 POINTS - _____

DRAGON'S CLAW – WEAPON

Sai – Tungfa – Short stick – Fan
Comet – Etc...

CONTROL _____
SHARPNESS _____
IMPRESSIVE _____
RHYTHM _____
DIFFICULTY _____

15 POINTS - _____

FIVE ONE-STEPS

REALISTIC _____
CONTROL _____
TIMING _____
SPEED _____

15 POINTS - _____

**5 GRAPPLING
TECHNIQUES**

DETAILS _____
SAFETY _____
KNOCK OUT _____
KEIA _____

5 POINTS _____

SPARRING (AGAINST 3 PEOPLE)

DEFENSE _____ ATTACK _____
POWER _____ BALANCE _____ KEIA _____

5 POINTS _____

BREAKING (JUMP SIDE KICK)

CONCENTRATION _____ RESPECT _____
TECHNIQUE _____ KEIAS _____
FOCUS _____ POWER _____

5 POINTS - _____

KOREAN LANGUAGE

RAISE HAND _____ CAREFUL _____
THANK YOU _____ COUNT 1 TO 10 _____

PERFORMANCE SCORING

0 ✓ X
NEED MORE WORK GOOD EXCELLENT

TOTAL SCORE (PASSING = 70+) _____

JUDGED BY: _____

PROMOTION EXAM FEE: \$100.00

APPLICATION MUST BE HANDED IN BY: _____ RECEIVED BY: _____